INCREASED EMOTIONAL INTELLIGENCE

Emotional intelligence plays a key role in building and maintaining a positive workplace culture. It is an essential leadership skill, underpins diversity, equity & inclusion, supports stress management, mental health and wellbeing, performance & productivity and facilitates effective professional relationships.



The development of emotional intelligence competencies throughout the organisation facilitates better communication and understanding between people, more constructive conflict resolution, collaboration and innovation, and in individuals' greater adaptability, forward focus and resilience.

Additionally, leaders with high emotional intelligence tend to inspire and motivate their teams, with understanding their individual strengths and areas of weakness. Emotionally intelligent leaders create an environment for open communication, cooperation and inclusion. They foster a sense of belonging and a supportive work environment, promoting work-life balance and encouraging employee development.

KIRKPATRICK CONSULTING VALUES

