

WORKFORCE SUPPORT

In the UK in 2023, an estimated **17.1 million working days were lost due to work related stress**, depression, or anxiety – this number doubled from the previous year.

Over 90% of UK employees admit to having experienced stress or burnout (recognised by the World Health Organisation as a disease and global epidemic) during their careers.



Employee engagement ratings are the lowest in Europe, with a recent Gallup report indicating that only 9% of UK workers feel enthused by their work and workplace.

The workforce faces challenges created by poor workplace culture, remote working, technological change, career disruption events, increased workloads, poor work-life balance, team instability, job insecurity, salary disparity, and lack of opportunity for career advancement.

Employees, managers, and leaders need support to optimise and maintain performance and wellbeing, and to develop the skills needed to future proof their careers.

KIRKPATRICK CONSULTING VALUES

